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# *Aging* **Our Way, PA**

A Plan for Lifelong Independence



# Presentation for PARSE 9.11.24



# *Aging Our Way, PA* by the Numbers

## Context: Pennsylvanians Are Aging, We Are Preparing

- **1 in 4** Pennsylvanians is over 60
- **1 in 3** will be over 60 by 2030
- **80+ cohort** is growing fastest

## Development: A Gold Standard in Record Time

- **Over 20,000 Pennsylvanians** contributed input to the Plan
- **30 state agencies** are committed to the Plan, including partners outside the Governor's jurisdiction
- **372 days** from Executive Order to publication

## Content: A 10-Year Roadmap to Aging Transformation

- **5** high-level priorities
- **36** strategic approaches
- **163** actionable tactics

# Stakeholder Engagement

## Direct Engagement (Qualitative)

- Partnership with Area Agencies on Aging
- **210** listening sessions (at least 1 per county), plus over **3,300** comments

**Over 10,000**  
responses

## Needs Assessment Survey (Quantitative)

- Partnership with University of Pittsburgh School of Public Health
- Survey of **900** older adults, plus nearly **7,000** online form responses

**Nearly 8,000**  
responses

## Public Comment Engagement

- Online Form: 606 responses from 125 respondents
- E-Mail, Mail, Voicemail: 221 comments

**Over 800**  
responses

# Development Phase I: Stakeholder Engagement Cont.



## Data Collection Framework: 8 Domains of Livability

- **Person-centered:** creates snapshot of a person's lived experience
- **Community-focused:** emphasizes relationship between community and quality of life
- **Evidence-based:** regarded as "Gold Standard" for age-friendly community development

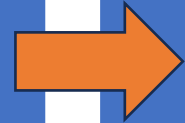
# Plan Structure: Priorities, Strategies, and Tactics

*Aging Our Way, PA* is structured around **Priorities** (high-level themes), **Strategies** (mid-level solutions), and **Tactics** (specific, measurable actions).



# Plan Impact

**Year 1:**  
Expanding and  
Improving  
Existing  
Programs and  
Resources



**Year 5:**  
Redesigning  
Infrastructure  
Across Sectors



**Year 10:**  
Reimagining and  
Building System  
of Supports

# PDA-Led Tactics: Year 1

Age-Friendly PA Initiative

*Aging Our Way, PA Local Playbook*

Volunteer Toolkit

Caregiver Toolkit



# Get Involved, Stay in Touch

## PDA Communications:

- Monthly dispatches in [\*Inside Aging\*](#)
- Real-time updates via [PDA Facebook](#)

## *Aging Our Way, PA* Plan Team Contact:

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## Plan Progress Dashboard:

- Forthcoming at [pa.gov/aging](http://pa.gov/aging)

# Questions?

